

## Governor Jan Brewer's Press Conference...

a report from CEO Tim Barnett...

As many of you know, the Governor was in Prescott recently to deliver the State of the State message at the Prescott Resort. Following the meeting she gave a press conference regarding her proposal to restore Medicaid (Arizona Health Care Cost Containment System or AHCCCS) for the State of Arizona.

In two separate elections over the past several years voters twice approved a proposition (Proposition 204) to expand AHCCCS coverage for those in need. This measure meant that the state of Arizona would then be eligible for a large amount of federal matching dollars to help provide AHCCCS coverage. The federal match would be a much larger amount of money than what Arizona would put into the overall funding. I think we'd all like to have the opportunity where every dollar we contribute results in a much greater return of dollars to put into the pool of money to care for the medically underserved.

However, due to budget constraints the State legislature overturned the voters' wishes and dramatically reduced AHCCCS healthcare coverage in Arizona. The impact of that decision by the legislature meant that the state of Arizona was not eligible for billions of dollars in federal money that could have been used to help pay for healthcare for the uninsured in our State.

This also meant that Arizona hospitals – including YRMC – have been bearing the brunt of caring for the uninsured. We are legally ethically and morally required to do so regardless of anyone's inability to pay for their care.

YRMC is the healthcare safety net for our entire region. It's a huge responsibility but one that we fill extremely well because of your commitment to high quality compassion care.

The Arizona Hospital and Healthcare Association (AzHHA) in conjunction with member hospitals including YRMC, proposed a solution last year to help retain those federal dollars coming to Arizona rather than going out of state. Those federal dollars are comprised of taxes we as individuals already pay. If those federal dollars are not brought back into Arizona, they do not go into reducing the federal debt, but instead go to other states to use for their healthcare purposes, so we lose an opportunity to increase healthcare funding for the people of Arizona.

The AzHHA proposal was based on the willingness of Arizona's hospitals to impose a self assessment fee (not a tax — we are a not-for-profit hospital that is tax exempt) that would go into the state fund for AHCCCS. The Governor's proposal includes AHCCCS coverage for people making up to 133% of the Federal Poverty Level. It also includes impoverished adults with children.

If the Legislature approves the Governor's proposal that has the support of hospitals such as YRMC, for every dollar an Arizona hospital pays into the assessment fee, the federal government would send eight dollars back to help pay for care for the medically indigent.

I think we'd all like to be able to have an investment in which we pay \$1.00 and get \$8.00 in return. This plan makes sense for Arizona hospitals, for the state of Arizona and for our patients who need AHCCCS coverage.

Thank you very much for all you do to make YRMC a compassionate, welcoming place of healing for all our patients,



**“Coming Changes. . .**

After discussion with the Volunteer Advisory Committee, it was decided to return to shorter and more frequent editions of *The Pulse*. In an effort to make them more informative and timely, we will be issuing a new edition every other month. We will continue to do special additions covering events such as the Annual Awards Luncheon, but hope the more frequent format will make the newsletter more useful and keep you better informed about what’s going on at YRMC. and in volunteer services. As always, we welcome your submissions as well!

**“The Pulse”**

is a bi-monthly publication of Volunteer Services of Yavapai Regional Medical Center  
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**MVV Winners. . .**

**The MVV Award (Mission, Vision, Values) has been instituted to recognize volunteers who demonstrate a special understanding of how the Mission, Vision and Values apply to the daily volunteer routines. Selection of the winners is made by the all volunteer Advisory Committee.**



CEO Tim Barnett (c) presents pins to MVV winners, Diane Bodwell (l) and Sonya Amend (r)

**Diane Bodwell** – was born and raised in Northern California. “She married David in 1985 and had son Jordan in 1986 and Noah in 1989.

In 1991 they made a major move to middle Tennessee, getting away from an increasingly crazy life in CA in search of a better place to raise their two sons. She and David both had backgrounds in Real Estate Title Insurance and ran their own title abstracting business for 20 years. They retired in August 2010 and after a few trips to Arizona they decided to make Prescott their retirement town. They made the move in April 2011.

Diane says, “I had the good fortune to get on with the YRMC Volunteer Team and found my “home” with the Education Department in December 2011. It is truly my honor and privilege to be able to work alongside the fabulous people that make up the Education Department!”

*Diane is obviously as well thought of by her department as she thinks of them, since the entire department signed her nomination form! Congratulations, Diane!*

**Sonya Amend**- was four years old when she emigrated from her birthplace, Oruro, Bolivia, SA. She went to live with relatives in New Jersey who sponsored her family so they could come to the US. Her Czechoslovakian father, was a geology professor at Rutgers, while her mother, born in Barcelona, Spain, was a practical nurse. Sonya’s sister, Peggy, was born in Barcelona and is Sonya’s idol and strength. Sonya grew up in New Brunswick, NJ, attended Upsala College, majoring in Psychology. She has two children, two step-children and four beautiful grandchildren. They live in CA, PA and AZ, which is where Sonya is if she’s not at her station at the Information Desk on Monday mornings. Her husband, Bill, is a retired Mechanical Engineer.

*continued on opposite page 3*

## Winners continued from page 2

Sonya's first "real" job and her favorite was as Director of a multimedia library servicing all the public and private schools in Mercer County, NJ. She has also had various positions as administrative assistant, accounting manager and as an administrator for a 501C-3 maternity home for women in crisis – her second favorite job. After retirement she and Bill decided to move to Prescott, and have been delightfully happy ever since. Besides new friendships, hiking and reading, the thing that has added to Sonya's contentment and happiness has been volunteering at YRMC. She says, "I've met and worked with so many wonderful people here and always look forward to my shift on Monday AM. I looked at a lot of volunteer opportunities and am happy and proud to say I made the best choice."

*"Sonya has contributed over 600 hours since joining us in 2010, bringing her special sparkle to the front information desk. Thanks, Sonya!"*



CEO Tim Barnett (c) presents pins to MVV winners Carol Jackson (l) and Susan Weddle (r).

**Carol Jackson** - was born and raised in the town of South River New Jersey. She attended Madison College in Harrisonberg, Virginia, and the University of St. Thomas in St Paul Minnesota, earning degrees in the education field. She married and settled in the Herndon/Reston area of Northern Virginia. It was there that she taught elementary school for thirty-two years and raised two children.

After remarrying in 2003, she moved to Prescott with her new husband, Roy. She continued her teaching career at Franklin Phonetic School in Prescott Valley for four more years before retiring again. She is currently a substitute teacher which affords her an opportunity to

continue to be around children. She enjoys cooking/baking, traveling, reading, hiking and playing cards.

She has worked as a volunteer in the ER, cath lab, and gift shop, but has found her niche at the front desk and as an escort. She enjoys helping people solve their problems, greeting, listening, and talking to them, and escorting them to where they need to go. The camaraderie of the front desk teams make it a wonderful place to work.

*"Carol joined us in 2007 and has contributed over 1,450 hours since then in her variety of positions. Thank you so much, Carol!"*

**Susan Weddle**— is originally from southern California. She and her husband, Jim, were looking for a change when it came to choosing where they would retire. So, after visiting Prescott in the spring of 2004 and seeing all that was available to active retirees they knew this was where they wanted to settle and they moved here that summer. Susan began volunteering at YRMC in 2005 at her first assignment at the Wellness Center.

After about a year she moved into the hospital and joined the Physician's Referral team where she remains today. She enjoys the varied types of calls they receive, talking and helping members of our community who are seeking the services of a physician. It's a perfect fit for Susan, since she worked for over 29 years in various positions for a major telecommunications company, and the focus was always associated with the customer experience. Susan also handles the Partners In Caring program for us which gives her an opportunity to ensure each floor has the necessary program information for the patient and their care partner(s). In addition, Susan is also a part time employee as a member of the HR Receptionist Pool. Susan says, "My husband and I are truly thankful to be a part of this wonderful community and for me that includes the YRMC community as well!"

*"Susan has accumulated nearly 1,150 hours since joining us in 2005. She is obviously one of our most committed and dedicated volunteers, and we're grateful!"* ★

# ANNUAL YRMC VOLUNTEER 2013 HEALTH ASSESSMENTS

**Free Benefit for Volunteers!**

**Health Assessment Blood Panel Includes cholesterol,  
triglycerides and fasting blood sugar.**

## **FOR WEST CAMPUS SIGN UPS:**

Please call the volunteer office at 771-5678

February 18 and 19, noon to 4-ONLY

Blood draws will be February 26 and 27 by appointment.

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## **FOR EAST CAMPUS SIGNUPS:**

Please call the volunteer office at 442-8678

February 25, 26, 27 - 8am to 3pm ONLY

Blood draws will be March 5 and 6 by appointment.

**Don't Miss This Once A Year Opportunity!**



## Inquiring Minds Want to Know...

Inquiring minds want to know! We're implementing short informative pieces about things going on at YRMC and hope you'll enjoy learning more about our activities. Let us know what you think!

### ■ Patient Blood Management Program

On December 1 YRMC implemented a new clinical practice - Patient Blood Management, championed by Dr. Pierre Tibi, along with Dale Black, who is serving as the Coordinator of the program. Patient Blood Management, or PBM, is an approach to managing blood for medical and surgical patients reducing the need for blood transfusion and its associated risks. YRMC will be the only hospital in Arizona as yet to follow PBM protocols for patient care. since Dr Tibi pioneered the program.

### ■ Medical Services in Bagdad

Bagdad, a population of roughly 1,600 people, recently asked for proposals to provide medical services in their urgent care clinic. and YRMC was awarded the contract. The clinic will be open during normal business hours and provide 24/7 access after hours. YRMC will support the clinic lab, x-ray, pharmacy, physical therapy, and occupational health, in addition to other community health events.

### ■ East Campus Emergency Dept. Expansion

In December, we moved into Phase One of the East Campus Emergency Department expansion project. With this expansion,

we have a total of 19 rooms open and at the end of Phase Two, we will have five additional rooms in operation. Phase Two is scheduled for completion the first week of March, 2013.

### ■ North Campus Update

The James Family that donated so much to fund our Heart Center, has now donated 180 acres to YRMC for our future expansion. The property is located on the east side of Highway 89 north of the airport. There are no plans to develop it in the near future but it is an immense gift for the more distant future growth of YRMC.

### ■ Level II Nursery

YRMC now has the capability to function as a Level II Nursery, and can accept patients with 34 weeks gestation and above. On January 1, 2014, we will again lower the admission eligibility to patients of 32 weeks gestation and above.

### ■ Employee of the Year

Sergio Gomez was voted Employee of the Year. Sergio works in EVS West Campus and is one of the friendliest people around. If you know Sergio be sure to congratulate him.



## Welcome Rachel Freeman



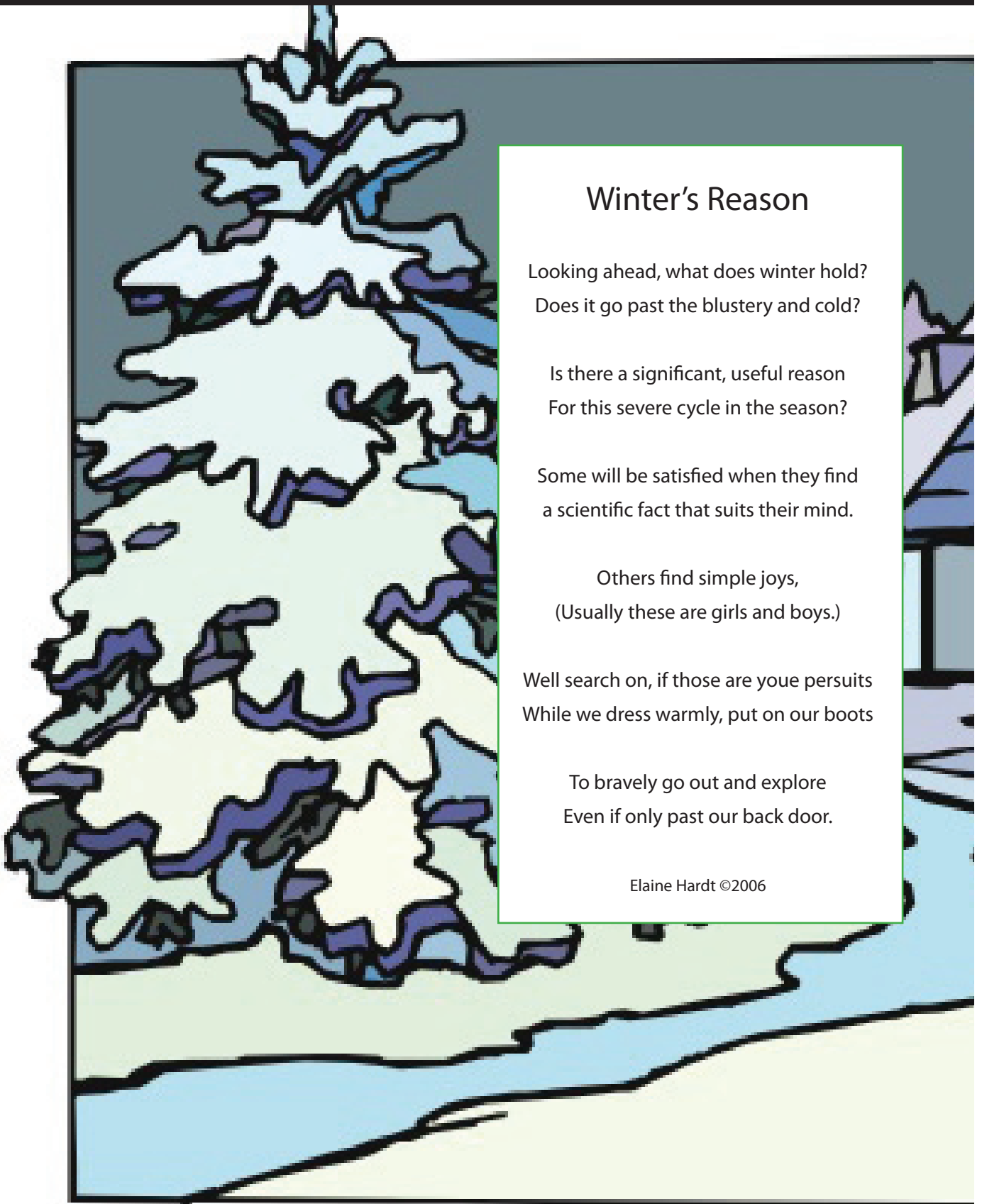
Welcome to **Rachel Freeman**, our new gift shop coordinator! She will be working with Maria and will primarily be on the East Campus, though both ladies will serve both campuses as needed. Rachel recently attended the World Market gift shop buying trip and helped select the new merchandise the shops will be carrying, some of which is already arriving. Rachel's hours will normally be 10 - 2 Monday through Friday. Please stop in to welcome Rachel and check out the new look for the shop!

East & West Campus  
**Gift Shops**

**10% OFF COUPON**  
any single non-sale item

Valid through April 30, 2013  
One coupon per person please

**There is no sales tax on gift shop items!**



## Winter's Reason

Looking ahead, what does winter hold?  
Does it go past the blustery and cold?

Is there a significant, useful reason  
For this severe cycle in the season?

Some will be satisfied when they find  
a scientific fact that suits their mind.

Others find simple joys,  
(Usually these are girls and boys.)

We'll search on, if those are your pursuits  
While we dress warmly, put on our boots

To bravely go out and explore  
Even if only past our back door.

Elaine Hardt ©2006