

Ahead of Schedule: BreastCare Center to open October 1st at YRMC East

You may know the statistics by heart because you work in healthcare. Or perhaps you or someone you care about has first-hand experience. According to the American Cancer Society, nearly 1 in 8 women will develop breast cancer over her lifetime.

Learning about the disease, making healthy lifestyle choices, and following recommended screening guidelines may help control a woman's risk. **Your colleagues at the new BreastCare Center are already speaking to community groups in our area about breast cancer prevention; call Community Outreach at 771-5738 to schedule a presentation for your group.**

When the new Center opens, we will continue reaching out, and, from one convenient location, provide screening and diagnostic imaging, care coordination, consultation on surgery and treatment options, and help navigating the scheduling, insurance and other administrative issues that can be daunting to patients.

"Imaging and diagnostics are an important part of YRMC's new BreastCare Center, but our main focus is caring for women and men with a suspected or actual breast cancer diagnosis," says Diane Drexler, YRMC's Chief Nursing Officer.



BreastCare Center Clinical Navigator, Nancy K. Ledoyen, RN, BSN, OCN, will be guiding, educating and counseling patients and their families and

offering emotional support every step of the way. Nancy has more than 27 years of oncology nursing experience at Enloe Medical Center in California and Mayo Clinic in Scottsdale.



The BreastCare Center is an important milestone in YRMC's Mission to bring health, healing and hope to all of us who make this special region our home. Our commitment always has been to provide healing services of the highest quality so that our families, friends and neighbors won't have to travel away from home to receive the care they need. A generous anonymous donor who contributed \$1 million helped YRMC make this vision a reality for people in need of breast care.

"We're especially pleased that women and men from all walks of life will have the opportunity to receive first-rate care close to those they love the most. It is also essential to our benefactor—and to all of us at YRMC—that care be provided to all who need it, regardless of financial limitations," says YRMC President and

BreastCare Center Services

COMMUNITY OUTREACH

Already underway:

- Presentations to community, school, religious and business groups

In the works:

- Community classes, including lymphedema
- Promotora program to reach Spanish-speaking residents
- Outreach to Native American communities
- Personal care binders, so that patients can organize lab reports and other paperwork related to their care
- Community Resource Library with wireless Internet access

PREVENTION & DIAGNOSIS

- Digital Mammography
- Breast Ultrasound
- Fine Needle Biopsy
- Core Needle Biopsy
 - Stereotactic
 - Ultrasound guided
 - MRI guided
- Breast MRI within five years of opening. Depends on funding.

CARE COORDINATION/ PATIENT NAVIGATION

CONSULTATIVE SERVICES

- Surgery
- Treatment

TOP CENTER: YRMC hosts Susan G. Komen for the Cure. Left to right: Peter Brennan, YRMC Director of Philanthropy; Nancy Ledoyen, YRMC Clinical Navigator; Beverly Kruse, Executive Director and Mary Dokes, Mission Manager, Susan G. Komen for the Cure; Tim Barnett, YRMC President and CEO; Ann Reynolds, YRMC Grant Writing Coordinator; Robbie Nicol, YRMC Executive Director, Community Outreach and Philanthropy.

*“WORRYING
does not take
away tomorrow’s
TROUBLES; it
takes away to-
day’s PEACE.*

anon

“The Pulse”

is a bi-monthly publication
of Volunteer Services of
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1003 Willow Creek Road
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MVV Winner. . .

The MVV Award (Mission, Vision, Values) has been instituted to recognize volunteers who demonstrate a special understanding of how the Mission, Vision and Values apply to the daily volunteer routines. Selection of the winners is made by the all volunteer Advisory Committee.

Carol Hicks – was born Carol Ann Morgan in Denver, Colorado. She has one brother, Phillip, who lives in Texas.

Carol’s family moved to Lynwood, CA where she graduated from high school in 1956. She got married in 1957 and had three children, one girl and two boys. She was a stay at home mom until 1974 when she went

to work for K-Mart Corporation in the receiving office. She married again in 1976 to Chuck Hicks and they have been married for 35 years. Their blended family consists of 5 children and 8 grandchildren. In 1988 Carol left K-Mart to take a job with Amgen, a pharmaceutical research and development company, in the shipping and receiving department in Thousand Oaks, CA. She retired in 2000 and they moved to Lake Havasu City, where they were avid boaters, and belonged to the Havasu 4Wheelers Jeep club. They moved to Prescott in 2007 for a cooler climate.

Carol’s hobbies include knitting, scrapbooking, reading and gardening. She says, “I love volunteering at YRMC. My favorite thing to do at this time in my life is to spend as much time as possible with our children and grandchildren.”

“Carol joined us in 2008 and has contributed over 650 hours to YRMC. She serves as an escort and currently also is co-chair for the escort volunteers, sharing her leadership talents with us. We are delighted to say congratulations to Carol on her selection as an MVV winner!”



MVV winner Carol Hicks with CEO Tim Barnett

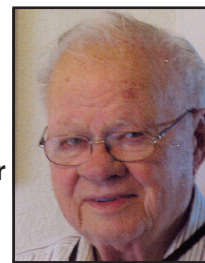
*“I am only one, but I still am one.
I cannot do everything; but I can still do something;
and because I cannot do everything I will not
refuse to do the something that I can do.”*

Edward Everett Hale

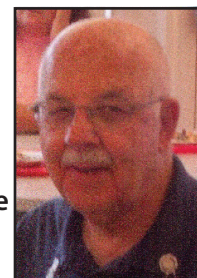
Honor Flight Network

Recently two of our volunteers were honored to be among those flown to Washington D.C. to visit the World War II memorial. The trips are provided at no cost to veterans by the Honor Flight Network. Honor Flight Network is a non-profit organization created solely to honor America's veterans for all their sacrifices. They transport our heroes to Washington, D.C. to visit and reflect at their memorials. Top priority is given to the senior veterans – World War II survivors, along with those other veterans who may be terminally ill.

"Of all of the wars in recent memory, it was World War II that truly threatened our very existence as a nation—and as a culturally diverse, free society. Now, with over one thousand World War II veterans dying each day, our time to express our thanks to these brave men and women is running out. Honor Flight Network will continue do whatever it takes to help our senior heroes travel absolutely free to see the memorial that honors them. Subsequent to the World War II veterans, Honor Flight will then focus on our Korean War and then Vietnam War veterans, honoring them similarly."



Jerry Breen



George Koepke

Jerry Breen, courtesy cart driver on east campus, traveled with a group of 58 WWII veterans in March of this year. **George Koepke**, escort on west campus, traveled with 37 others in June. Jerry told us about his time in the Army for a recent article in The Eastsider, while George gave us an overview of his Honor Flight trip.

Flies Volunteers to D.C.

George explained that on arrival at Phx Sky Harbor, they were checked in and given their WWII veteran tshirts, then the veterans were loaded onto the plane first. On arrival in Baltimore, firetrucks rolled alongside as they taxied in, each spraying a stream from their hoses arching over the plane as an honor guard. In the terminal, a large crowd of people was on hand to greet and shake the hand of each veteran. They were loaded onto buses and transported to the hotel. The next day their first stop was at the capitol building, then they toured the Vietnam memorial, the Korean memorial, and finally the World War II memorial. At each stop they had a tour guide and were given headphones so they could hear the history and information being presented. George says he was amazed that everywhere they went people were shaking their hands and thanking them for their service. The veterans next visited Arlington, where they were fortunate to see a special placing of the wreath ceremony as well as the changing of the guard. Outside of Arlington, a highlight was a visit to the Women in Military Service for America (WIMSA) Memorial, which honors women's service in the military and is the only major national memorial honoring women who have served in our nation's defense during all eras and in all services.

The next day, the vets visited Ft McHenry before heading to the airport for the return flight home. George explained that mail call was the highlight of any service person's day when they were far from home in wartime. Imagine their surprise when during the flight home, mail call was announced, and they were distributed cards and letters from family members, friends, and many strangers, who had simply written of their appreciation for the veteran's service. On both outgoing and return flights the captain announced over the intercom system that they were honored to be flying veterans as part of the Honor Flight program. On arrival at Phx Sky Harbor, once again the firetrucks gave them an honor escort, and they were greeted with a reception featuring entertainment including live performers singing Boogie Woogie Bugle Boy and God Bless America. George expressed again how amazed he was at the outpouring of respect and appreciation shown to them during this trip – it is something he will never forget.

Honor Flight Network provides this service at no cost to the veteran. Included are the flights, meals, hotel and transportation in Washington D.C. They are entirely donation funded, and with the continued support of grateful Americans, by the end of the 2010 flying season in November, they had transported more than 63,000 veterans of World War II, Korea and Vietnam to see the memorials built to honor them.

For further information on Honor Flight Network, check out their website at "<http://www.honorflightaz.org>" or the national site at "<http://www.honorflight.org>".

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Dr. Askari Rocks!

Recently Dr. Hojat Askari came up to the Volunteer Services offices to meet the staff and introduce himself. He expressed his deep appreciation for the volunteers and all they contribute to YRMC, and wanted to do something to show his appreciation. The next day, his office staff brought mountains of food to the volunteer office; fresh fruit bowls, warm fresh bagels, deli trays...it was an amazing selection and the volunteers' eyes were popping as they saw the spread before them. All day long and into the next day or two, volunteers were treated to this wonderful smorgasbord, and they were absolutely delighted!

We want to express our most heartfelt appreciation to Dr. Askari and all those in his office for their generosity and recognition of the volunteers. This is something they will be talking about for a very long time!

Politics – not as usual

During these tougher times for our country and for people personally, it isn't surprising that people have strong feelings and opinions about the issues facing us. However, we hope that coming here to volunteer gives you a welcome break from those concerns and certainly we want to provide as soothing an environment as we can as part of the total healing environment we all strive for.

Therefore we're asking that you be aware that YRMC isn't an appropriate place for venting of political views, religious beliefs, or similar discussions of that nature. While you're here, please leave those kinds of opinions at the door, and focus on our goal of providing the best possible patient care, no matter what area you serve in.

Thank you for being considerate of our patients and each other!

T.E.A.M. Awards – Special Recognition

T.E.A.M. Awards go to volunteers and others who do something special that makes a difference at YRMC. Special recognition goes to the following volunteers:

Marlene Beasley (from staff)

Marlene, in addition to working three shifts as a volunteer, helped us with our recent Paula's Bag sale. The volunteers do the payroll deduction so that we are sure it is accurate. Marlene can always be counted on to help when we need her, in addition to her regular shifts.

Rosemary Hoeft (from staff)

Rosemary is a team player when it comes to supporting the gift shop and the special sales. In addition to working her regular shift she signed up and worked our Paula's Bag sale. We appreciate her contribution to the gift shop.

Lorilla Hook (from staff)

to her regular day of Monday afternoons. Lorilla is very supportive of all our gift shop events and is very courteous to our customers. We appreciate her kind and patient personality.

Emma Paradise (from staff)

Emma, since she has retired and become sub, works more hours than when she was a full time volunteer. She has always signed up to help us with our special sales. When we recently had our Paula's Bag sale, she came in for the 6:45 am shift! Emma is so reliable and willing to help. We are glad to have her!

Joyce Spitz (from staff)

Joyce is a regular volunteer who works very hard to make shopping a pleasure for our customers. She goes out of her way to help people. She recently signed up to do our special Paula's Bag event. This was in addition to working her regular volunteer shift.

Randi Suppes (from staff)

Randi is a full time volunteer who is always willing to work during our special

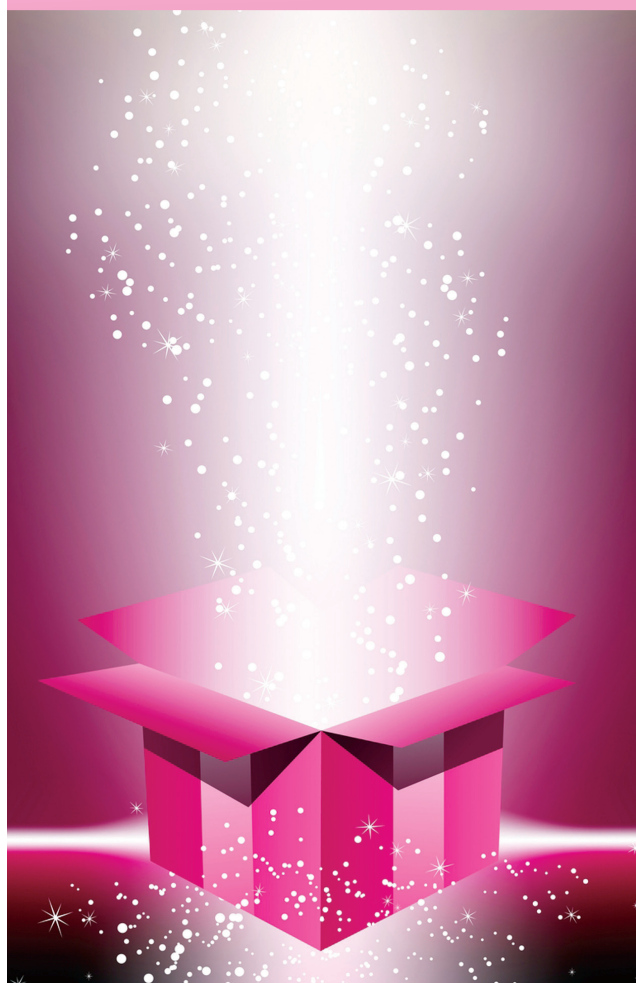
sales. This is extra hours when we need volunteers to assist the vendors. Randi came in at 6:45 am to help with the Paula's Bags sale for which the gift shop receives a commission. Thank you, Randi.

Christine Wright (from a volunteer)

Christine is an Endoscopy volunteer on Wednesday afternoons. She had just taken a patient out the front in a wheelchair, when she noticed a man struggling to walk. Realizing he needed help she took the initiative to give the man a ride in the wheelchair and took him to ER, where he was planning to go. How thoughtful for had only volunteered at YRMC for three weeks.

**THANKS FOR MAKING
YRMC A BETTER PLACE!**

*A Gift to Our
Communities*



The BreastCare Center
at YRMC

Employee & Volunteer Open House

The Breast Care Center at YRMC
Saturday, September 24th
10:00 am to 4:00 pm.

YRMC East
7700 E. Florentine Road
Prescott Valley

Yavapai Regional Medical Center's BreastCare Center will be opening October 1st, 2011.

We've planned a special preview for YRMC employees and volunteers.

- Tour our State-of-the-Art Facility
- Meet staff and our Clinical Navigator
- Take Home Complimentary Gifts
- Enjoy Refreshments

Our new BreastCare Center will provide the very latest in breast imaging capabilities, including digital routine and diagnostic mammograms, breast ultrasound, and biopsies all in one location.

The BreastCare Center will feature:

- Two state-of-the-art digital mammography units and one has been approved for tomosynthesis capability
- Dedicated Stereotactic Biopsy and Ultrasound Suites designed to enhance your comfort
- A comprehensive resource library
- On-site breast MRI services for your convenience
- A dedicated clinical patient navigator—a special role that's based on best practice care models currently in use in world-class cancer centers around the country.

Honor Flight Network *continued from page 3*

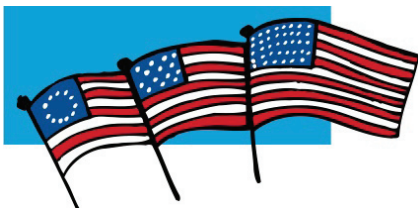
org”. There is also information on how you can donate to help continue providing these trips for veterans.

Following is a little background on these two veterans’ service to our country. Thanks to Jim Grubb for the interview with Jerry Breen.

Jerry Breen was drafted into the US Army and joined the 290th FOB as a field artillery observer. He shipped out to Europe where he became part of the Allied forces fighting Germany. Arriving in England just two days after the D-Day Normandy invasion, within a few hours Jerry was crossing the English Channel to join the action in France. He went through Paris three days after the liberation following German occupation. Jerry’s unit was responsible for monitoring sound and flashes from German artillery and thus was able to direct return fire from the Allied guns. On December 16, 1944 the German army started an offensive in the Ardennes Forest area of Belgium, close to Germany’s western border, known as the Battle of the Bulge. Their objective was to encircle the Allied forces and cut off their supply lines. On Christmas Eve 1944 Jerry found himself at the front in a trench on the banks of the Rhone River. In the extreme cold and snow, a standoff developed but by mid-January the Allied forces began their mad dash for Berlin. Jerry was in the middle of heavy fighting crossing the Rhine River. His unit never reached Berlin because they stopped to help in the liberation of two POW camps along the way as the war in Europe ended.

George Koepke was in the Army Air Corps from December 1943 until October 1945. He was 19 years old when he went in, and was based in the Pacific as a gunner on a B-29. He tells of flying to Saipan but it was weathered in, so they diverted to Eniwetok Atoll. On landing, the aircraft hit a mound at the end of the runway and the plane spun and caught fire. The back door was jammed, and the wing was totally engulfed in flames so no exit was available there. They finally got the rear door open and jumped to the ground, but the plane with all their belongings continued to burn, with nothing left but the tail when they went to see it the next day. George had singed eyebrows and a burned arm, but they bandaged him up and they continued on to Saipan. The first mission against Japan from bases in the Marianas was flown on 24 November 1944, with 111 B-29s sent to attack Tokyo. George remembers eating a peanut butter sandwich as Thanksgiving dinner that day, since the flight took 13½ hours and covered 1500 miles out and 1500 miles back. When George completed 30 missions he returned to California and was fortunate the war ended before he had to fly more missions.

We are proud to honor and salute these two brave men, along with all the other veterans that have fought to secure our freedoms. We can never say thank you enough.★



New! Artist’s Program

Beverley Roehr sets up her easel and paints “on site” one morning a week in the main lobby for the encouragement and comfort of all who work or visit the West Campus. She believes that it is possible for art work to soothe the soul, send the spirit soaring and may stimulate hope and healing. Bev does not sell her paintings but has a display board of photos of her previous works with a sign: TAKE ONE – IT’S FREE.

Her love of painting and love for people make her time at YRMC one of the highlights of her week. If you see Beverley, say hello and take a copy of her work for your pleasure or for one you know who needs encouragement.

Take time

Take time to read. . .

it is the fountain of wisdom.

Take time to pray. . .

it is the greatest power on earth.

Take time to be friendly. . .

it is the road to happiness.

Take time to laugh. . .

it is the music of the soul.

Take time to work. . .

it is the price of success.

author unknown

Calendar : September through November 2011

Sep 13 – WC Advisory Committee Meeting – 4 pm– Spruce Room

Sep 19 – New Volunteer Reorientation – Spruce Room – 8:45 am –

Sep 23 – Welcome Autumn!



Oct 10 – Happy Columbus Day

Oct 13 – Reorientation – YRMC – WC Spruce Room - self paced, Come anytime between 10 and 1

Oct 17 – New volunteer orientation – WC Spruce Room – 8:45 am

Oct 31 – Happy Halloween!



Nov 08 – WC Advisory Committee Meeting 4 pm – Spruce Room

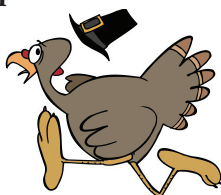
Nov 11 – Veteran’s Day – Thank you, veterans!



Nov 18 – Fall Volunteer Open House _ Everyone welcome! WC Cafeteria, 2–4 pm Groovy & Far Out Man!

Nov 21 – New volunteer orientation – WC Spruce Room – 8:45 am

Nov 24 – Happy Thanksgiving!



Welcome to our YRMC Volunteer Family!

- Janet Andrews
- Alexis Aranda
- Bart Briefstein
- Jerry Bevilacqua
- Gail Bevilacqua
- Diane Bodwell
- Daniel Buchannan
- Loretta Carlow
- Jan Charlesworth
- Dennis Cassady
- Derek Dauma
- Chris Gallo
- Connie Foss
- Judy Dobbins
- Victoria Dohert
- Emma Englanf
- Chris Gallo
- Gloria Green
- Ismael Hernandez
- Jerry Jackson
- Mary James
- Colleen Kane
- William King
- Tammy Kuhack
- Clinton Larive
- Patrick Lilly
- Kathy McGee
- Gary Nichols
- Charles Norwood
- Dee Ann Rock
- Taylar Rothfuss
- Patricia Ryan
- Dixie Scarborough
- Karli Simpson
- Mardy Taylor
- Jack R. Taylor
- Michael Thompson
- Marie Trudeau
- Alexander Vance-Frishe
- Karlee Walraven
- Carrie Weatherhead
- Christine Wright-Wilson

East & West Campus
Gift Shops

10% OFF COUPON

any single non-sale item

Valid through January 31, 2012
One coupon per person please

There is no sales tax on gift shop items!



**Volunteer Services
Yavapai Regional
Medical Center
1003 Willow Creek Rd.**

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Permit No 317**



**Don't Miss Our Fall
Open House!**



Volunteer Fall Open House

**Friday, November 18
2:00 to 4:00 pm**

**Everyone come
and wear your love beads!**