# The Pulse

#### YAVAPAI REGIONAL MEDICAL CENTER

#### **Volunteer Services Newsletter**

#### January 2020



### Chaplains Enjoy Annual Christmas Breakfast

The chaplains enjoyed fellowship, breakfast and entertainment in early December. The Prescott High School Chamber singers once again delighted the group with their performance which also included choreography. We are thrilled that this talented group fits us into their very busy holiday calendar.

We appreciate the spiritual component of our chaplains' service. Their visits, which can happen in the middle of the night at times, certainly contribute to our total healing environment.

## Celebrating our "Craft" Volunteers

We hosted a gathering in October for our volunteers who do our special projects which include:

- Baby blankets, layettes, hats, booties and more for our Family Birthing Center, Pediatric Unit and Family Resource Center
- Hats for our Breast Care Center
- Pillows for our patient care areas
- Eye glass covers for our surgical patients
- Hug-a-bears and Wooden Toys for our youngsters who are treated in the Emergency Dept. and are hospitalized in the Pediatric Unit

Individuals who share their talents in this way are not often seen on the premises; therefore, it was a wonderful opportunity to personally recognize them and for them to meet each other too. There is much that goes on behind the scenes with our 60+ volunteers who donate these items. These beautifully items provide "value-added" services which personalize, expand and/or improve the patient and family members overall response to what our organization provides.



# Volunteer Spotlight



#### **Holiday Duets**

Volunteer musicians, Reva & Martha join each other to play duets during the holiday season. They give each other a high five when they end their song at the same time. Applause from lobby visitors was heard after an especially festive song and whether there is applause or not, we know that this is an extra treat for everyone.

#### YRMC Employees who also Volunteer

Whether they were first volunteers, turned employee or an employee who chooses to volunteer, we are delighted to have Michael, Carrie, Kathi and Lewis on our team. Their comments include:

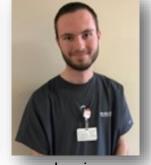
- Volunteering enables me to interact with ٠ patients and visitors while my job is behind the scenes
- I love my Friday evening gig since it's so different from what my job entails
- I enjoy being a volunteer because I don't have to be as serious as I do when I work in Security, "It's a lot more fun!"
- I started as a volunteer before becoming an employee and since I enjoy it, I've continued both roles





Michael





Kathi

Lewis



Many of you know that winter brings the snow village out of storage on the East Campus. This year, it's even bigger thanks to new additions from Wayne and Brona. This beautiful display creates many positive comments when individuals pass by the desk. Wayne & Brona – the village is growing thanks to you!

# Volunteer Spotlight







Holiday Celebrations, Events, and Festive Attire



# Volunteer Spotlight



# Volunteer Uniform

# First Quarter *Exceptions* to our Uniform Policy

Feel like a change from your volunteer uniform?

Over the next few months, here is a list of dates for you to celebrate these occasions:

#### Super Bowl January 27 - February 2

Wear your favorite team's jersey even *if* they *don't* make the Super Bowl

#### Valentine's Day February 8 - 14

Wear pink or red



#### St. Patrick's Day March 15 - 21

Wear green

## - Save the Date -

#### Annual Volunteer Recognition Luncheon

Wednesday, April 8th 11 a.m. - 1:30 p.m.

## The Holidays are Over ... A Perfect Time for a Gift to Yourself

YRMC has a Massage Therapist, Tammi Ross, LMT who offers massages at the Wellness Center at the Prescott campus Tuesday - Friday. Tammi has studied numerous modalities to accommodate you and your physical needs. Tami shares, "There is no denying the power of bodywork. Regardless of the adjectives we assign to it (pampering, rejuvenating therapeutic) or the reasons we seek it out (a luxurious treat, stress relief, pain management), massage therapy can be a powerful ally in your healthcare regimen."

### **SO GENEROUS / SO KIND**

Your holiday gifts, cards and well wishes are all sincerely appreciated!

Nancy, Victoria, Chamine, Kevin, Jenny & Susan



Submit Your Nominations for the 2019 Volunteer of the Year!



Please see insert in this newsletter



Additional forms are available at volunteer kiosk sign-in locations



#### Volunteers Awarded During October, November, December 2019 *Congratulations & Thank You!*

AWARDS LIST

100 Hour Pin Rose Bais Tim Baker Gale Benner **Diane Cesario** Ashley Gifford Mark Hopkin **Darryl Humphry** Nancee Kilbourne Sherry Linville Lynette McCormick Anjela Monroy Katelyn Snook Pat Torres Danica Vaughan **Riley Weise** Fred Widmer Chris Ziolkowski 200 Hour Pin Laraine Bonczek Ron Bratton **Bailey Clark** Chris DeWitt **Reva Fredericksen** Shelby Langsdale Linda McKee Karin Schultz Robyn Tilton Arlene Warren Albin Wisniewski Marilyn Yetter

350 Hour Bar Ruby Alvarez Lewis Aul Gayle Beaumont Mark Dawson Bonnie Everett Janet Johnson Carrie Knickerbocker Shirley May Laura Meek Laura Molinaro Ron Nevin Pat Owings Carolyn Rondou Sandi Schmutzer Jan Seewald Sandy Stoner Kenny Vaughn 500 Hour Bar

Joanne Ames Debbie Behrends Bill Fulkerson Lori Gaucher Kirk Johnson Mary Kelly Bob Krause Larry Neece Rosalie Pszenny Shirley Sakaguchi Ed Stratton Rachelle Sullivan Diana Taylor <u>850 Hour Bar</u>

Audra Bloomfield Dora Carter Joyce Pinckney Carol Shepherd

#### 1000 Hour Bar

Leigh Downing Brona Freeman Kay Jones Vicki Petosa Hal Rosenwasser

1500 Hour Bar Barry Bolt Susie Case Cathy Conklin Eric Gulsrud

2000 Hour Bar Judith Greenwald Richard McBride Yavapai Toymakers

2500 Hour Bar

Joe Clyne

3000 Hour Bar Judith Hopkins Peg Sperling Bobbie Tyler Dottie Zobitz

#### <u>3500 Hour Bar</u>

Marna Becker Tom Hubbard

4000 Hour Bar Peg Rhodes

#### 4500 Hour Bar Ramona Maxwell

Rich Schoen Jan VanDaalen

5000 Hour Bar Sandy Perriera

<u>6000 Hour Bar</u> Vlasta Phillips

#### <u>5 Year Pin</u>

Laraine Bonczek Dennis Filiger Alan Jensen Randy Meyers Rob Petrocci Susan Szabo Anne Twente

#### <u>10 Year Pin</u>

Ted Lee Barb Ward

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