



Dealing with one or more serious illnesses can be difficult and confusing. You and your loved ones may have questions about your illnesses and the choices available to you. To help you and your family during this crucial time, Dignity Health, Yavapai Regional Medical Group (YRMG) offers the support of a skilled Palliative Care Team both in the hospital and in the local community.

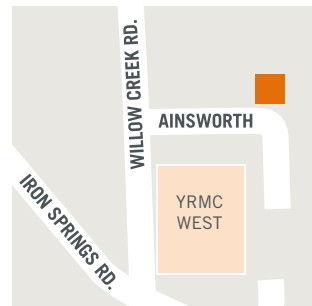
Hello humankindness®

Palliative Medicine

Palliative care. Improving patient comfort & quality of life.



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What is Palliative Care?

Palliative care is specialized medical care for people with serious illnesses. This type of care is focused on providing patients with relief from the symptoms and stresses of a serious illness – whatever the diagnosis. The goal is to improve quality of life for both the patient and the family. Palliative care is a team-based approach that involves coordination with patients' other doctors to provide an extra layer of support. Palliative care is appropriate at any age and at any stage in a serious illness, and can be provided together with curative treatment.

Referral Information



If you or someone you know could benefit from the specialized care provided by Dignity Health, Yavapai Regional Medical Group's (YRMG) Palliative Medicine Team, please contact your physician for a referral. For questions please contact the YRMG Palliative Medicine Team at (928) 775-5567.

Donation Information

YRMC Foundation—
Palliative Medicine Fund
Contact: (928) 771-5686

What is the difference between Palliative Care and Hospice?

Hospice is an important Medicare benefit that provides comfort care for terminally ill patients who may have only months to live. Palliative care is supportive care that can be provided at any stage of a life-limiting illness and in conjunction with curative therapies. Treatment philosophy is individualized to a patient's goals of care.

At Dignity Health, YRMC, in-patient and out-patient palliative medicine care is provided by a team of highly-trained healthcare professionals who have an expertise in the management of serious illness with focus on symptom management and planning for the future. The team is composed of physicians, nurse practitioners, physician assistants, nurses and social workers. The team may refer to spiritual care, nutritional services, pharmaceutical consultation, or any of a variety of community services as needed.

Who Benefits From Palliative Care?

Patients who are coping with a serious and/or chronic illness and may still be receiving treatment aimed at a cure can benefit from palliative care. Examples include: patients with advanced heart, lung, or kidney disease, patients with cancer, and patients with progressive neurological disorders such as Parkinson's disease, stroke, dementia and multiple sclerosis.

Available Services

Symptom Management for Persons with Serious Illness

- Breathing difficulties
- Insomnia
- Depression/anxiety

Information on Advanced Directives

- Living Wills
- Healthcare Proxy
- Durable Power of Attorney

End-of-Life Decisions

- Aligning medical treatment with Patient Values and Preferences
- Cardio-Pulmonary Resuscitation (CPR)
- Nutrition and Hydration Concerns
- Hospice Information

Emotional and Spiritual Support

- Support in Coping with Illness
- Support for Family and Loved Ones

Community Referrals for Additional Services



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Yavapai County's leading healthcare blog for health and wellness news from Dignity Health, Yavapai Regional Medical Center.