

The Baskin Breast Care Center

Bringing health, healing, and hope to western Yavapai County.





Health, healing, and hope find a home.

Sandy and Seymour Baskin understood all too well the toll breast cancer takes on individuals, their loved ones, and our communities. The Prescott residents believed that a center dedicated to breast health could positively impact people throughout Yavapai County.

With that in mind, in 2010, the Baskins' approached the Yavapai Regional Medical Center (YRMC) Foundation with a generous gift to fund such a center. The couples' only request was that their gift remain anonymous.

Years later, on the eve of Seymour's passing, the Baskins decided to share their story in the hope of inspiring the giving spirit in others. That decision led YRMC to rename the Breast Care Center in the Baskins' honor.



Today, the Baskin Breast Care Center at Dignity Health YRMC continues to fulfill the Baskins' vision by promoting breast cancer prevention, providing leading edge diagnostic services and treatments, and supporting patients and families touched by breast cancer.

The Baskin Breast Care Center is truly home to health, healing, and hope in Yavapai County.

Our mission:

Health through prevention and innovation ... healing through medical excellence and exceptional providers ... hope to connect all that we do.

The outstanding team at the Baskin Breast Care Center at Dignity Health Yavapai Regional Medical Center (YRMC) embraces this mission of caring.

Physicians, nurses, technologists, and volunteers work together to create a comfortable environment while providing key services, including:

- State-of-the-art screening and diagnostic breast imaging services
- Clinical navigation and education
- Breast cancer risk assessment
- Healthy living and other support through Preventive Medicine and Wellness
- Screening mammography for people who cannot afford it through the YRMC Community Breast Care Fund
- Lymphedema management
- A breast cancer support group for people at every phase in the journey, from newly diagnosed to those who have completed treatment



Dignity Health YRMC signature donors Seymour and Sandy Baskin.



Color, lighting and music combine to create a soothing environment in YRMC's Baskin Breast Care Center.

You'll find unique amenities in our center. There are spaces to relax and a Community Resource Library.

Hours

We offer a variety of days and times, including one Saturday a month. Contact us to schedule a time that works for you.

(928) 442-8900

(877) 436-5290

Our state-of-the-art screening and diagnostic technology

YRMC's Baskin Breast Care Center provides the latest imaging technology. Working closely with your physician, our team recommends the most effective state-of-the-art application for your individual needs. Our experienced radiologists interpret all Baskin Breast Care Center studies and provide results to your physician through YRMC's secure and fast Electronic Medical Record (EMR) system.

Here's our menu of advanced breast imaging and diagnostic services:

- **Breast MRI** – Designed especially for breast imaging, a physician may recommend a breast MRI after a suspicious finding from a mammogram, ultrasound, or physical exam. After a positive biopsy, breast MRI also may be used to check all of the breast tissue.
- **Breast ultrasound** – This diagnostic tool uses sound waves to produce images of breast tissue. Breast ultrasound may be recommended after a suspicious mammogram finding or if there are symptoms, such as breast tenderness or a lump.
- **Core needle biopsy** – During this procedure, a physician uses a computer image-guided tool to biopsy a lump in the breast. Core needle biopsy is used both for lumps noticeable during clinical breast exams as well as to biopsy suspicious areas only visible on imaging tests.
- **Digital mammography** – The Baskin Breast Care Center's digital mammography units meet the high standards set by the American College of Radiology.

Our mammography units gather clear, detailed images that are interpreted by our physicians and shared electronically with your doctor.

- **Dual-Energy X-ray Absorptiometry (DEXA) scan** – Bone fracture prevention is important to all women, but it's especially critical to breast cancer survivors. A DEXA scan measures bone loss – which can be caused by osteoporosis – using an x-ray generator and an imaging device. For your convenience, our team suggests scheduling your mammogram and DEXA scan during a single appointment at the Baskin Breast Care Center.
- **Fine needle aspiration** – During this exam, a physician removes fluid from a mass in the breast or lymph node for diagnosis by a pathologist in the hospital's laboratory.
- **Stereotactic biopsy** – This procedure allows physicians to gather breast tissue for diagnosis using computer guidance. Stereotactic biopsy eliminates the need for more invasive surgical biopsy.
- **Tomosynthesis** – This diagnostic tool creates a three-dimensional image of the breast, which allows physicians to take a closer look at tissue. Breast tomosynthesis helps reduce the number of false positive results, repeat screenings, and additional tests.



Your caring guides: Our clinical navigators

Undergoing medical tests of any kind can be unsettling and worrisome. That's why the Baskin Breast Care Center includes clinical navigators. These specially trained and highly experienced registered nurses guide, educate, and counsel patients. Our clinical navigators help patients through testing, diagnosis, and treatment options, providing emotional support and information every step of the way.



Guiding you . . . our consultation services

A breast cancer diagnosis can be overwhelming. That's why our highly trained clinical team is available to guide anyone diagnosed with breast cancer through that journey.

The Baskin Breast Care Center team works with community-based oncologists, surgeons, and treatment facilities to meet patients' needs. Our radiologists, clinical navigators, nurses, and other health care professionals live and work in our communities. They have strong working relationships with your physicians. Together, these professionals collaborate to ensure the best diagnosis and treatment for you, or someone important to you.

Hello humankindness®

Breast health services, groups, and therapies for you

Our patients as well as people throughout our communities can tap into the following services, therapies, and more through the Baskin Breast Care Center at YRMC.

- **Breast cancer risk assessments** – The Baskin Breast Care Center's clinical navigators offer free breast cancer risk assessments to people throughout western Yavapai County. **Learn more:** (928) 442-8841
- **Community Resource Library** – This comfortable area includes breast health and breast cancer information from trusted sources. Wi-Fi is available throughout our center.
- **Heart & Soul breast cancer support group** – Breast cancer survivors or those recently diagnosed gather for this support group at the Baskin Breast Care Center. **Learn more:** (928) 442-8841
- **H.O.P.E. healing outcomes through personalized education and rehabilitation** – The H.O.P.E. team helps you regain strength and teaches you lifestyle strategies to adopt during and after breast cancer treatment. **Learn more:** (928) 771-5131
- **Lymphedema management program** – Our team includes health care professionals certified in comprehensive lymphedema and venous edema management for breast cancer survivors. **Learn more:** (928) 771-5131 (Prescott), (928) 759-5940 (Prescott Valley), or visit DignityHealth.org/YRMC





Share the Care – sponsored by the Baskin Breast Care Center at Dignity Health YRMC – brings together:

- No-cost screening mammography – and other services – for people who qualify through the YRMC Community Breast Care Fund.
- Breast cancer risk assessments from Baskin Breast Care Center clinical navigators.
- Information on the importance of annual screening mammography.
- Partnerships with like-minded community organizations and businesses interested in promoting breast health, reducing the incidence of breast cancer, and assisting people who need breast screening as well as other services.

For information about the YRMC Community Breast Care Fund, including how your organization can Share the Care, call the YRMC Foundation at (928) 458-2900.



Visit YRMCHealthConnect.org

Yavapai County's leading health care blog for health and wellness news from Dignity Health Yavapai Regional Medical Center.

**The Baskin Breast Care Center
at Dignity Health YRMC**

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DignityHealth.org/YRMC



Dignity Health®

Yavapai Regional Medical Center