

# Are you ready to re-engage with life?

If musculoskeletal injuries and conditions – osteoarthritis, rheumatoid arthritis, osteoporosis – are keeping you on the sidelines of life, Orthopedic Surgical Services at Dignity Health, Yavapai Regional Medical Center can help.

Our program has been recognized by top consumer-rating organizations for outstanding orthopedic surgical services, an achievement that's possible thanks to:

- Highly skilled orthopedic surgeons
- Specially trained registered nurses
- Advanced medical practitioners
- Exceptional clinical support teams
- The latest surgical and minimally invasive services
- Leading-edge diagnostic, surgical and rehabilitative equipment
- Advanced technology and facilities
- A comprehensive pre-surgical education program

Hello humankindness®



#### Visit [YRMCHHealthConnect.org](https://YRMCHHealthConnect.org)

Yavapai County's leading healthcare blog for health and wellness news from Dignity Health, Yavapai Regional Medical Center.

#### YRMC West

1003 Willow Creek Road  
Prescott, AZ 86301

#### YRMC East

7700 East Florentine Road  
Prescott Valley, AZ 86314

(928) 445-2700  
[DignityHealth.org/YRMC](https://DignityHealth.org/YRMC)



Orthopedic Surgical Services

# A top-rated orthopedic surgery program.



## The orthopedic surgical solutions you need.

Our Orthopedic Surgical Services program features the most advanced procedures, which include the following and more:

- Anterior approach hip arthroplasty, total hip replacement and hip resurfacing
- Arthroscopy for the knees and shoulders
- Carpal tunnel repair and other hand surgeries
- Hip and knee revision surgery
- Limb salvage surgery for tumors, infections and fractures
- Traumatic fracture repair for all upper and lower extremities
- Total knee replacement and total knee arthroplasty
- Total shoulder replacement

## A network of services for every phase of your orthopedic surgical experience.

At Dignity Health, Yavapai Regional Medical Center you'll tap into a vital network of care during each phase of your orthopedic surgical experience. Here's an overview of our comprehensive approach to orthopedic care:

### Preparing for your orthopedic surgery

- Pre-operative joint replacement classes (knees and hips)
- Pre-surgical assessments from a physical therapist

### During your orthopedic surgery

Our excellent orthopedic surgeons are assisted by specially trained surgical nurses and clinical support staff members during inpatient and outpatient procedures that include:

- Anterior approach hip arthroplasty
- Total hip replacement
- Arthroscopy (knee and shoulder)
- Carpal tunnel release
- Achilles tendon repair
- Flexor and extensor tendon repair of the hand
- Foot surgery (plantar fasciitis and bunion surgery)
- Hip resurfacing
- Hip and knee revision surgery
- Total knee replacement
- Total knee arthroscopy
- Rotator cuff repair

- Total shoulder replacement
- ExactechGPS® shoulder
- Traumatic fracture repair (ankle, foot, clavicle, elbow, humerus, leg and wrist)

### Following your orthopedic surgery

Our Physical Rehabilitation Services team combines exceptional expertise and state-of-the-art technology to help you on the road to recovery. Dignity Health, Yavapai Regional Medical Center offers:

- Physical therapy
- Occupational therapy
- Sports medicine services



The AlterG™ is a reduced gravity treadmill invented by NASA. Our Physical Rehabilitation Services team may incorporate this revolutionary tool into your therapy.

# You're ready to re-engage with life.



Take the next step toward excellent orthopedic health by contacting one of our accomplished orthopedic surgeons.

Visit [DignityHealth.org/YRMC](https://www.dignityhealth.org/YRMC) and go to Medical Staff Directory (Find-a-Doctor).

All of our orthopedic surgeries are available at both YRMC West in Prescott and YRMC East in Prescott Valley.